



# THE NEWSLETTER

Society of Forensic Medicine & Toxicology, Pakistan

Vol. No. 2 Issue 1

JAN 2026

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## AUTOPSY PROTOCOL WORKSHOP

The Autopsy Protocol Hands-on Workshop was held at Liaquat National Medical College, Karachi, Pakistan, on 4<sup>th</sup> January 2025. The workshop was conducted in the college's state-of-the-art anatomy dissection Hall.

**Objective:** The primary objective of the workshop was to provide hands-on training to participants on the standard autopsy protocol, emphasizing the importance of meticulous dissection, accurate documentation, and proper specimen handling as well as to describe the legal and ethical considerations in conducting Autopsies.

**Participants:** 28 registered participants, including forensic faculty, forensic lecturers, PGs, MLOs, and medical students attended the workshop. The participants were selected based on their interests.

**Learn from the expert:** The sessions were inaugurated and conducted by experienced Forensic faculty members: Professor Dr. Shafi Nizamani, Forensic Pathologist from Kuala Lumpur, Malaysia, a renowned expert in forensic pathology, Professor Mukkaram Ali, Head of Department (HOD) and expert medico-legal examiner in Pakistan, Dr. Abdul Haq: Expert MLO from the health department (Bahria Medical University (To be continued on Page 2))



**Case No. 9 as a Teaching Resource**

Case No. 9 tackles one of society's most sensitive and brutal crimes—rape—with remarkable realism and restraint. By portraying the story without sensationalism, it exposes critical gaps and challenges within the medicolegal system.

**WHAT CASE NO. 9 TEACHES STUDENTS**

- ✓ Delayed medical examination and loss of evidence can irreversibly weaken justice.
- ✓ Compromised reporting and systemic bias can tilt the scales of justice.
- ✓ Poor documentation can undermine courtroom proceedings.

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- ✓ Compromised reporting and systemic bias can tilt the scales of justice.
- ✓ Poor documentation can undermine courtroom proceedings.
- ✓ Courtroom scenes highlight the importance of professional integrity and timely action.

**TEACHING TAKEAWAY**

- ✓ Meticulous evidence collection is crucial.
- ✓ Proper medicolegal documentation protects victim and prosecutor.
- ✓ Systemic flaws and ethical lapses have real-world consequences.

Portrayed by Saba Qamar  
**Sehar Moazzam**  
Victim of systemic failures, navigating trauma and injustice



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## Visit to Punjab Forensic Science Agency, Lahore, by Students of Abu Umara Medical and Dental College, Lahore

The students of Abu Umara Medical and Dental College (AUMDC), Lahore, visited the Punjab Forensic Science Agency (PFSA), Lahore, on the 22nd and 23rd of May, 2025. This field visit was organized by the Department of Forensic Medicine and Toxicology, AUMDC, for undergraduate third-year MBBS students as part of their Modular Training Curriculum. **Objective:** To provide students with an understanding of the role of a state-of-the-art forensic laboratory in the criminal investigation system by observing various procedures such as analytical chemistry, serology, toxicology, and, most importantly, DNA analysis. **Schedule:** The students were divided into two batches of fifty each, with one batch visiting PFSA on the 22nd and the other on the 23rd of May, 2025. Upon arrival, they received a comprehensive briefing on the operational framework of the PFSA and its various domains. Queries raised by some students were also addressed. An extensive departmental visit followed, encompassing both traditional areas and specialized units such as Firearms and Toolmarks, Polygraphy, Crime Scene Investigation, and Digital Forensics. **Outcome:** Students keenly observed all the departments visited. The visit provided valuable exposure to the operational aspects of a modern forensic science laboratory. They closely examined different departments and expressed great interest in the procedures demonstrated. The experience clearly deepened their conceptual understanding, bridging the gap between theoretical learning and real-world application of forensic medicine. **Future Perspective:** Our students have minimal exposure to medicolegal work. Unfortunately, with inadequate training at the undergraduate level, they are often posted at different centers across Punjab as front-line Medicolegal Officers (MLOs). Regular visits to PFSA would significantly enhance their understanding of the expectations and responsibilities of MLOs. Additionally, structured training programs, such as diplomas and internships for doctors and medical students organized by the PFSA, would be extremely beneficial.



## Autopsy Workshop continued:

### Workshop Agenda

The workshop consisted of lectures, demonstrations, and hands-on sessions, covering the following topics: Introduction to autopsy protocol, Pre-autopsy preparation and safety measures, External examination and documentation, Internal examination and dissection techniques, Specimen handling and processing, Autopsy reporting and documentation.

### Hands-on Sessions

The participants were divided into small groups and were provided with two cadavers for hands-on practice. The faculty members supervised and guided the participants throughout the dissection process, emphasizing the importance of proper technique and documentation.

### Feedback and Evaluation

The participants provided positive feedback about the workshop, praising the faculty members for their expertise and guidance. The participants were evaluated based on their performance during the hands-on sessions and a written examination at the end of the workshop.

By Dr. Sadia Abdul Qayyum



## 8th International Scientific Conference at RMU Preconference Workshop on "Refresher Medicolegal training of CMO of Teaching hospitals of RMU"

The Conference was successfully conducted by Department of Forensic Medicine & Toxicology, RMU on Monday, 2<sup>nd</sup> Feb, 2026. The workshop was organized and directed by the Head of the department of Forensic Medicine, Dr Filza Ali, along with the faculty members, including Dr Shahrukh Khan (Co-director) and Dr Urooj Shah (Coordinator). Guest speakers were 1. Prof Dr Mian Abdul Rasheed, CEO Watim Medical and Dental College 2. Dr Sohaib Khan Niazi Surgeon Medicolegal Punjab 3. Dr Muhammad Shahid (PMO) Ex CMO & District health officer Rwp. It was well attended by CMOs, Dental surgeons, and Radiologists of all three teaching hospitals of RMU. Objectives of workshop were to discuss role of casualty medical officer in medicolegal cases, Sexual assault case report writing, fabricated injuries, Do's and Don'ts of Postmortem report writing.

By Dr Filza Ali



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## Hands-on Forensic Workshop at

**K**arachi Grammar School (KGS) and Nixor College A-Level students” The Department of Forensic Medicine proudly conducted a one-day interactive workshop tailored for A-Level students from Karachi Grammar School (KGS) and Nixor College. The session, conducted under the expert guidance of Prof Ramlah Naz, aimed to introduce young minds to the fascinating world of forensic science, was held under the umbrella of the Forensic Society of Medicine. The workshop began with a warm welcome address by Dr. Mehreen Fatima, setting the tone for an engaging

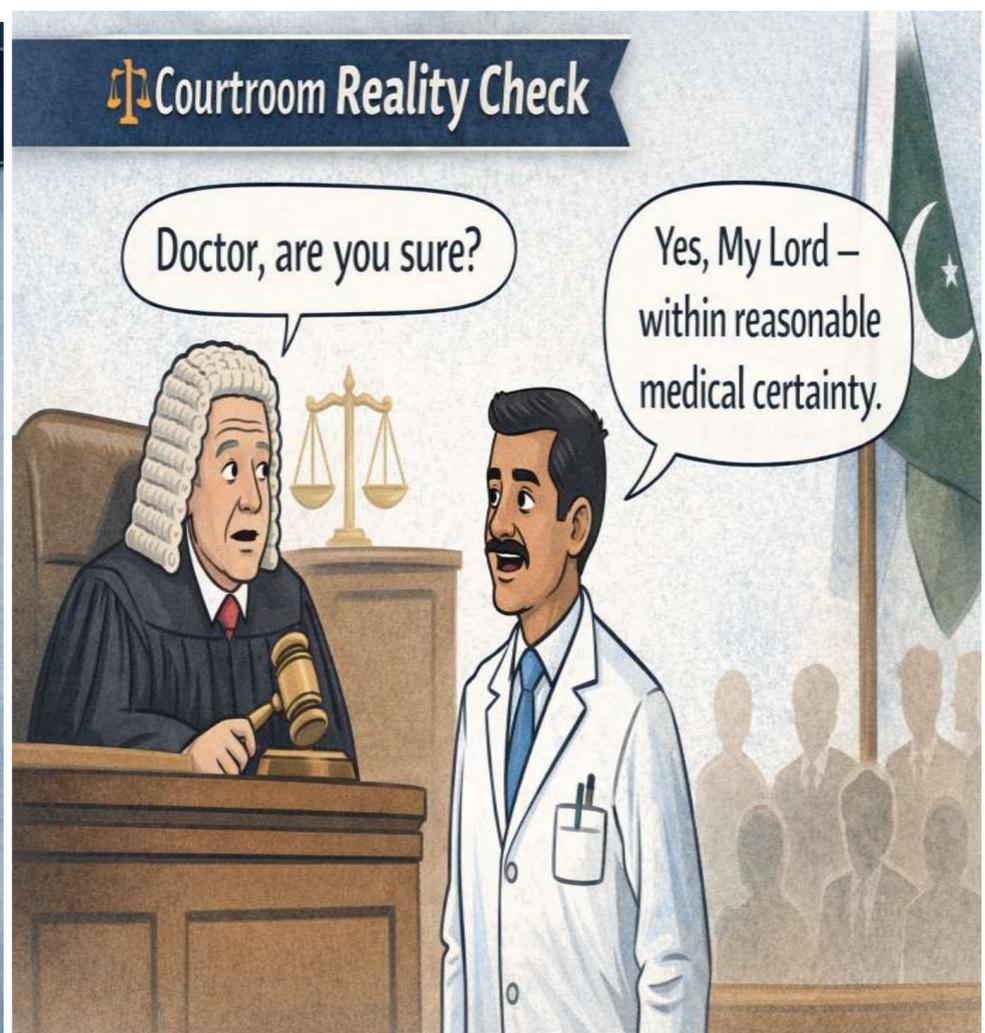
and insightful day. This was followed by an introductory session on Crime Scene Investigation (CSI) delivered by Dr. Ramsha Urooj Baig, focusing on the foundational principles and ethical considerations of forensic fieldwork. A key highlight of the event was a hands-on demonstration of fingerprint lifting techniques and an in-depth osteological analysis for identification of age, sex, and race using the skull, pelvis, mandible, and long bones. This session was led by Dr. Raheela Irshad, offering participants a rare and practical exposure to real forensic methodologies. Students participated enthusiastically, gaining valuable exposure to the interdisciplinary nature of forensic science and its real-world applications. The event successfully fostered curiosity, critical thinking, and potential future interest in the forensic sciences among young learners. The department extends appreciation and gratitude to the Pakistan Society of Forensic medicine and toxicology for providing material to conduct crime scene investigation workshop.

Dr Mehreen Fatima

### Do's & Don'ts in Medicolegal Practice: Small Steps, Big Consequences

DO'S	DON'TS
<ul style="list-style-type: none"> <li>Document thoroughly &amp; contemporaneously</li> </ul>	<ul style="list-style-type: none"> <li>Rely on memory instead of records</li> </ul>
<ul style="list-style-type: none"> <li>Stay neutral &amp; objective</li> </ul>	<ul style="list-style-type: none"> <li>Speculate or overstep expertise</li> </ul>
<ul style="list-style-type: none"> <li>Preserve evidence properly</li> </ul>	<ul style="list-style-type: none"> <li>Alter or tamper with findings</li> </ul>
<ul style="list-style-type: none"> <li>Know your limits &amp; state them</li> </ul>	<ul style="list-style-type: none"> <li>Ignore SOPs &amp; protocols</li> </ul>
<ul style="list-style-type: none"> <li>Treat all with respect &amp; dignity</li> </ul>	<ul style="list-style-type: none"> <li>Write carelessly or vaguely</li> </ul>

**Accuracy, Integrity, & Documentation Matter**



## National Forensic Theme-Based Poster Competition

was held on 19 September 2025 at the Hospitality Suite of the Convention Centre, Liaquat National Hospital. The event commenced with a Quranic recitation by Dr. Wasiq Ahmed, followed by a compelling welcome address by Dr. Sadia Abdul Qayyum, highlighting the synergy between scientific creativity and institutional collaboration within Pakistan's forensic medicine landscape. Objective: To foster national-level academic engagement, interdisciplinary collaboration, and creative expression in forensic medicine by showcasing innovation through themed poster presentations.

**Key Dignitaries:** Professor Dr. Salman Faridi, Medical Director, Professor Dr. Karimullah Makki, Principal, Liaquat National Medical College, and Dr. Shaheena Akbani.

Professor Dr. Mukkaram Ali, the visionary force behind the event, delivered an inspiring address emphasizing the progressive evolution of forensic education within medical sciences and setting a forward-looking tone for the entire gathering.

**Historic Milestones:** This year's competition marked a historic milestone, with over 500 poster submissions representing all provinces of Pakistan, including Punjab, Sindh, Balochistan, Khyber Pakhtunkhwa, and Azad Jammu and Kashmir.



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### Academic & Interdisciplinary Participation:

**T**hird-year MBBS students of Liaquat National Medical College demonstrated exceptional enthusiasm, setting a vibrant tone for the event. Junior faculty members from Basic Sciences and Allied Health Sciences enriched the competition through interdisciplinary perspectives. Dr. Sadia Abdul Qayyum was presented with a token of appreciation in recognition of her dedicated efforts in student registration and facilitation of active participation.

**Appreciation Awards – Karachi Institutions:** Certificates of appreciation were awarded to Karachi-based institutions for their outstanding contributions.

- Ziauddin University, led by Professor Dr. Qudsia, for clinical relevance and design finesse.
- Karachi Medical & Dental College, represented by Dr. Wasiq Ahmed, for meticulous research and presentation.
- Al-Tibri Medical College, represented by Dr. Kamran Shahid, for compelling forensic case studies and narrative excellence.
- United Medical & Dental College, led by Dr. Nadir Khursheed, for conceptual clarity and scientific accuracy.

- Liaquat National School of Physiotherapy, guided by Mr. Hassan Abbas, for integrating forensic theory into physiotherapy practice.

### National Forensic Excellence Awards

- Shaheed Mohtarma Benazir Bhutto Medical University SMBBMU Larkana, led by Dr. Farooq Abro, for originality and thematic depth.
- ISRA University Hyderabad, under Professor Dr. Salman Kazi, for cutting-edge forensic integration.
- Akhter Saeed Medical College, Lahore, represented by Dr. Tajammul Chaudhry, for visual impact and scientific rigour.
- People's University, Nawabshah, led by Dr. Sultan Rajpar, for a strong academic structure and medico-legal relevance.
- Wateem Medical & Dental College, Rawalpindi, represented by Major Dr. Mashooq Ali, recipient of the prestigious Late Professor Dr. Farhat Hussain Mirza Excellence Award.

By Dr. Sadia Abdul Qayyum





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## CME Report: Advances in Forensic Medicine

A landmark Continuing Medical Education (CME) session on Advances in Forensic Medicine was successfully held through a collaborative initiative between the Society of Forensic Medicine & Toxicology, Sindh, and Jinnah Sindh Medical University on 20th September 2025. Prof. Dr. Mukkaram Ali (LNMC) & Prof. Dr. Sono Mal – Chairperson, Department of Forensic Medicine, JSMU Karachi, and chief organizer of the CME, whose tireless efforts and academic stewardship ensured the event's success and scholarly depth.

### Objective

- Highlight the integration of artificial intelligence in medico-legal documentation and analysis
- Strengthen interdisciplinary collaboration between medical educators, forensic experts, and legal professionals.
- Enhance awareness of forensic medicine's societal impact and its evolving role in medical education

**Schedule Overview:***Inauguration Ceremony:* Led by Prof. Dr. Mukkaram Ali, whose visionary leadership set the tone for a dynamic and forward-thinking academic gathering, with a bouquet presentation to Vice Chancellor Prof. Dr. Amjad Siraj Memon. *Welcome Remarks:* Delivered by Registrar & Principal JSMU, Dr. Azam Khan and Prof. Dr. Ambreen Usmani

### Academic Lectures:

1. AI and Medico-legal Report by Mr. Ghulam Farooque
2. Understanding the Medico-legal Certificate by Prof. Dr. Tajammul Chaudhry
3. The Spectrum of Violence by Dr. Summaiya Syed

**Panel Presence:** Major Dr. Mashooq Ali – Wateem Medical College, Rawalpindi, Professor Murad Muree – Jhalawan Medical College, Dr. Farooq Abro – Chairperson, Department of Forensic Medicine, SMBBMU, Larkana, Professor Dr. Sono Mal – Chairperson, Department of Forensic Medicine, JSMU Karachi, Professor Perwez Makhdoom – LUMHS Thatta, Professor Perwez Alam – LCMD, Dr. Sheraz Khawaja, Dr. Mehreen Fatima – DIMC, Dr. Sadia Abdul Qayyum (Moderator), Dr. Farzana – LNMC, Dr. Azra Sheharyar – JMDC, Dr. Wasif Ahmed – KMDC, Dr. Abdul Haq – Bahria Medical University

**Closing Address:** Prof. Dr. Sono Mal emphasized the transformative power of forensic medicine in delivering justice and safeguarding human dignity. He remarked, "Forensic medicine is not just a discipline—it is a responsibility. Future Perspective Encourage active participation from undergraduate and postgraduate learners and Foster joint studies between institutions on forensic advancements.

By Dr. Sadia Abdul Qayyum



## DHQ Teaching Hospital Mardan Strengthens Medico-Legal Capacity

A one-day training workshop on medico-legal case reporting was held on November 21, 2024, at TB Hospital Baghdada, Mardan, under the supervision of Dr. Javed Iqbal, Medical Superintendent. The workshop aimed to enhance accuracy, professionalism, and legal compliance in medico-legal documentation while promoting collaboration between healthcare professionals, judiciary, and law enforcement.

Organized jointly by the Health Department Mardan, District Judiciary, and District Police, the workshop was attended by medical officers and legal professionals from DHQ and surrounding districts. Dr. Shahid Iqbal, Assistant Professor of Forensic Medicine, Bacha Khan Medical College Mardan, delivered the presentation, emphasizing forensic precision and the importance of accurate medico-legal reporting in judicial proceedings.

Participants gained practical understanding of medico-legal protocols, the legal consequences of documentation errors, and professional post-mortem practices through interactive discussions. Dr. Javed Iqbal highlighted that this workshop marks the beginning of continued efforts to strengthen medico-legal expertise in Mardan, with further training planned to support justice-oriented medical practice and human rights protection.

By Dr. Shahid





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## Dr. Muhammad Ikram Ali Represents Pakistan at EMPAC 2026

Dr. Muhammad Ikram Ali, Associate Professor at Ziauddin University, was invited as a Distinguished Speaker at the 1st Eastern Mediterranean Poison Center Association Congress (EMPAC 2026), held from 22–24 January 2026 at the Al Hashemi Ballroom, Radisson Blu Hotel, Kuwait. He had the honor of representing Pakistan and was nominated by the World Health Organization (WHO) as an expert within the National Poison Control Centers Network of the EMRO Region.

This network brought together toxicologists from 21 countries in the Eastern Mediterranean Region; 12 countries participated in person, while some participated virtually. It focuses on strengthening regional capacity to manage toxicological emergencies, mass poisoning disasters, and policy development, while promoting collaboration and strategic planning among member states.

Dr. Muhammad Ikram Ali's nomination recognized his extensive research on poisoning cases in Karachi, which has identified key epidemiological trends and enhanced regional understanding of toxicological risks.

The congress was hosted by Dr. Abdullatif Aloumi, Director of the Kuwait Poison Control Center, who was also elected to lead the Network, with generous support from the Kuwait Ministry of Health.



Dr. Shahid Iqbal, Assistant Professor of Forensic Medicine at Bacha Khan Medical College, Mardan, actively represented Pakistan at the 4th Saudi Conference on Forensic Medicine Sciences (SCFMS 2025) held in Riyadh. He delivered an oral presentation on the quality of medico-legal report writing, highlighting critical documentation gaps and their impact on judicial outcomes. Dr. Iqbal also participated in a specialized workshop on quality assurance in forensic toxicology laboratories. His contribution emphasized the need for standardization, training, and digitalization of medico-legal practices. The participation marked a significant step toward international academic collaboration and improvement of forensic services.



## Building ARCC and other Stronger Systems for Survivor Centered Support in KPK

A two-day Anti-Rape Crisis Cell (ARCC) Operationalization Training was held on 27–28 November 2025 at Khyber Medical College (KMC), Peshawar, aimed at strengthening survivor-centered service delivery across Khyber Pakhtunkhwa.

Hosted by the Department of Forensic Medicine, KMC, under the leadership of Prof. Dr. Hakim Afridi (Chairman), the training brought together key stakeholders from health, law enforcement, prosecution, and allied sectors to standardize ARCC processes and enhance intersectoral coordination.

The consultation was led by Dr. Summaiya Syed (Chief Police Surgeon, Karachi) and Mr. Attiq ur Rehman (District Public Prosecutor, Bajaur). The sessions focused on improving coordination, strengthening data management systems, and refining referral mechanisms across sectors to ensure timely, confidential, and comprehensive support for survivors.

Organized with the support of UNFPA, UK Aid, and the Foreign, Commonwealth & Development Office (FCDO), the training marks a significant step toward strengthening ARCC functionality in KP and ensuring that every center operates as a safe, efficient, and survivor-centered space.





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## KPJA Pre-Service Training: Educational Visit to Khyber Medical College

As part of Day-28 of the 08-Weeks Pre-Service Training for Additional District & Sessions Judges / Izafi Zilla Qazis, organized by the Khyber Pakhtunkhwa Judicial Academy (KPJA) on 24 November 2025, a major component of the day was an educational visit to Khyber Medical College (KMC), Peshawar, with a specific focus on medico-legal and forensic disciplines.

The trainee judges were received by the Chairperson Forensic Medicine, KMC, Prof. Dr. Hakeem Afridi, who facilitated a comprehensive tour of the college and its specialized forensic units. Detailed presentations were delivered on firearms examination by Dr. Ijaz Aziz, highlighting the medico-legal aspects of weapon analysis and their evidentiary value in criminal trials.

The participants were also briefed on DNA analysis and proper sample collection techniques, emphasizing chain of custody, scientific reliability, and the role of DNA evidence in judicial proceedings by Dr. Arshad Hussain, Muhammad Jamil Khan (DNA Analyst) and Riaz Ahmed (Biochemist). In addition, an introductory presentation on Forensic Odontology was conducted by Dr. Muhammad Afrasiab Khan, outlining its application in human identification, age estimation, bite mark analysis, and disaster victim identification.

The visit included a detailed tour of the entire Department of Forensic Medicine, allowing the trainee judges to observe practical workflows, laboratory setups, and autopsy facilities. This exposure strengthened their understanding of how medico-legal evidence is generated, documented, and presented in courts.

The educational visit significantly enhanced the trainees' appreciation of forensic medical sciences, contributing to a more informed, evidence-based approach in the adjudication of medico-legal cases during their future judicial careers.



## WORKSHOP ALERT: Medico-Legal Case Handling and Post-Mortem Documentation on April 16, 2025 at DHQ Teaching Hospital Mardan.

DHQ Teaching Hospital Mardan held a one-day workshop on medico-legal case handling, post-mortem procedures, and documentation under the supervision of Dr. Javed Iqbal. The session focused on improving legal and ethical compliance in medico-legal practice and strengthening the quality of medical evidence.

The workshop was led by Dr. Shahid Iqbal, Assistant Professor of Forensic Medicine, Bacha Khan Medical College Mardan, and Dr. Zia-ur-Rehman, DMS, DHQ Mardan.

Participants gained practical insight into documentation standards, post-mortem protocols, and the importance of coordination between healthcare professionals, law enforcement, and the judiciary. Dr. Javed Iqbal emphasized that this workshop is part of an ongoing series aimed at enhancing medico-legal competency in Mardan.

By Dr Shahid Iqbal.



## 8th International Anatomical Sciences and Cell Biology Conference, held in conjunction with the Malaysian Anatomical Association Conference 2025

**Dr. Sadia Syed** (Shifa College of Medicine), attended the 8th International Anatomical Sciences and Cell Biology Conference (IASCBC) and the 3rd Malaysian Anatomical Association Conference (MAAC), held in Kuala Lumpur, Malaysia, from 13–15 August 2025, where she presented a scientific poster and participated in a specialized forensic anthropology workshop. The conference provided an international platform for academic exchange and professional development in anatomy and forensic sciences.



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### From the Desk of the Editor

Dear Colleagues,

Welcome to the latest edition of the PSFMT Newsletter, our biannual publication dedicated to connecting and informing the forensic community. This issue highlights the academic activities submitted by all four provincial chapters of the Society of Forensic Medicine & Toxicology, Pakistan, including participation in conferences, workshops, and seminars.

We hope this edition reflects the collective academic spirit of our members and proves both informative and engaging. Your continued feedback and contributions are most welcome as we work together to strengthen the practice of forensic medicine and toxicology in Pakistan.

Warm regards,

**Dr. Sadia Syed**(SCM,STMU)  
Editor, PSFMT Newsletter

### Case No. 9 ,a drama series written by *Shahzeb Khanzada*

tackles one of society's most sensitive and brutal crimes—rape.

Central to the drama is **Saba Qamar's** powerful portrayal of **Sehar Moazzam**, a professional whose life is upended by trauma and systemic failures. Through her nuanced performance, viewers see not only the emotional toll on the victim but also the practical challenges faced in navigating the medicolegal and judicial processes. **Beenish**, as the lawyer, brings a strong, principled presence, showcasing the challenges and responsibilities of legal advocacy in such cases.

By combining compelling storytelling with accurate procedural depiction, *Case No. 9* serves as an **excellent teaching resource** for undergrad and postgrad forensic students. The clips can be used for teaching importance of early reporting, lapses in Medicolegal system, relevant sections, societal and psychological impact on the victim. The scenes of court proceedings were beautifully curated that can be used to teach the process of trials as well as applicable legal provisions in such cases. (For coloured plate description-see page 1)

By Dr Sadia Syed

### Publication Alert (Kashmir Day):

On Kashmir Day, Feb 5, we highlight a powerful publication exposing the human cost of pellet gun use in Indian Occupied Jammu and Kashmir. Authored by Prof. Dr. Arif Rasheed Malik, the article blends forensic expertise with human rights advocacy, documenting injuries, blindness, and systemic violence faced by civilians.

<https://thedaily notable.com/2022/02/06/use-of-pellet-guns-in-indian-occupied-kashmir-daily-notable/>