



THE NEWSLETTER

Society of Forensic Medicine & Toxicology, Pakistan

Vol. No. 3 Issue 1

JUL 2026

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Message From the President SFMT Pakistan,

Dear Colleagues, The SFMT Newsletter is a true reflection of the vibrant activities of our Society and a window into the evolving landscape of Forensic Medicine in Pakistan. I would like to extend my heartfelt appreciation to the Editorial Board, led by **Dr. Sadia Syed**, for their splendid and consistent effort in bringing this publication together over the past few years. A special pat on the back to the entire team. The success of this Newsletter lies in your contributions. I request all members to please share updates from your respective centers — including academic activities, trainings, curriculum developments, research, and publications — with our editors. It is a matter of pride that more and more SFMT members are now representing Pakistan at international forums. This is a valuable opportunity to share your experiences and insights on global developments and how they are shaping our field at home. The world around us is changing rapidly. Advances in clinical and basic sciences are reshaping how we practice. In this dynamic environment, it is imperative that we put in extra effort, choose collaboration over competition, and remain open to learning and adopting new scientific developments. As the saying goes: “If you don’t keep pace with development, you are likely to be replaced by those who do.” Once again, congratulations to the Editorial Board, and my best wishes for even greater success ahead.

Warm regards,

Prof. Dr. Zahid Bashir

President,

Society of Forensic Medicine & Toxicology, Pakistan



Academic Achievement: First Position in Oral Paper Presentation

Dr. Sadia Abdul Qayyum, Associate Professor in the Department of Forensic Medicine, Liaquat National Medical College, secured 1st position in the oral paper presentation at the **55th Annual Medical Symposium of Jinnah Postgraduate Medical Center (JPMC)**.

Her research paper focused on the severity of concussion in helmet versus non-helmet wearer motorcyclists, a topic of significant medico-legal importance and public health safety. The study underscored the protective role of helmets in reducing the severity of head injuries and highlighted the implications for trauma management and forensic injury evaluation and certification



NEWSLETTER UPDATE: A Historic Milestone for Forensic Odontology / Dentistry in Pakistan

We are thrilled to share a monumental announcement with our members, partners, and the dental community.

After years of relentless dedication and hard work since its inception in **2024**, the **Pakistan Association of Forensic Odontology (PAFO)** has officially achieved formal, legal registration! What started as a vision to elevate forensic dental science in Pakistan is now officially established and legally recognized.

Meet Our Leadership Panel

To guide this official national body forward, we are proud to formally announce our executive leadership:

President: Dr. Humayoun Temoor, Consultant Forensic Odontologist (Punjab) and the pioneer of forensic dentistry in the country.

General Secretary: Dr. Muhammad Afrasiab Khan, Consultant Forensic Odontologist KCD and the pioneer of forensic dentistry in the Khyber Pakhtoonkhwa.

Dr Shahpar Farhat: Registration coordinator

Dr Maria Khwaja: Lady coordinator

Dr Talal Javed: Finance coordinator

Dr Ramsha Bukhari: Media coordinator

Dr Anjli Devi: International coordinator

Dr Fazal Mehmood: Dentolegal coordinator

Our Mission & Purpose:

PAFO was founded with a clear vision to bridge the gap between dental science and the justice system in Pakistan. Our core objectives include:

Advancing Medicolegal Standards: Collaborating with law enforcement, forensic scientists, and judicial bodies to provide reliable dental evidence in criminal investigations.

National Identification & DVI: Standardizing protocols for Disaster Victim Identification (DVI) and human identification using advanced dental profiling.

Professional Capacity Building: Training the next generation of dental professionals through specialized workshops, academic diplomas, and hands-on sessions.

Establishing Academic Frameworks: Introducing structured forensic odontology curricula across medical and dental institutions nationwide.

A Legacy of Action: Our Summer 2026 Promotional Campaign

Leading up to our official launch, the PAFO executive team has been on the ground conducting highly successful introductory sessions to introduce our newly registered national organization and the clinical scope of forensic odontology.

Throughout **May, June, and July 2026**, we successfully held foundational seminars and professional orientations at these premier partner institutions:

Combined Military Hospital (CMH), Lahore: Connecting clinical dentistry with elite military forensic and medicolegal pathways.

University of Lahore (UOL) Dental College & Hospital: Delivering academic sessions to motivated dental students, house officers, and faculty members.

Watim Medical and Dental College: Introducing students and medical professionals to the role of PAFO and human identification protocols.

This official registration is just the beginning. We thank each of you for your unwavering support since long, and we look forward to reaching greater heights together.



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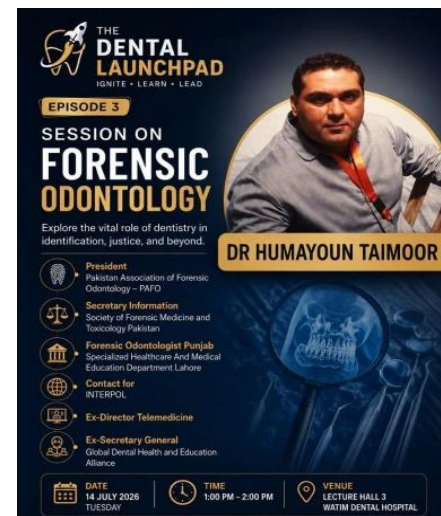
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Bridging Anatomy and Forensics: Academic Table for Autopsy Visualization

Introduction

A series of faculty development sessions were arranged and facilitated by the Department of Forensic Medicine, **Liaquat National Medical College (LNMC)**, focusing on the use of the Academic Table and its incorporation into forensic medicine small group facilitation. The demonstration emphasized visualizing external and internal anatomical landmarks in relation to different cases of mechanical asphyxia, trauma, injury presentations, and Autopsy methods. The sessions were co facilitated by the Dept. of Anatomy with contributions from **Prof. Mukkaram**, and attended by faculty members Dr. Sadia, Dr. Farzana, Dr. Komal, and Dr. Hina. **Objective:** To demonstrate the use of the **Virtual Learning Library (VLL)** in teaching complex forensic concepts. Enhance visualization of autopsy incisions, skull fractures, and neck structures. Explore interactive teaching strategies like case based learning in small group learning.

Outcome: Faculty gained hands-on experience with digital table tools for forensic medicine learning. The Virtual learning library was highlighted as a powerful resource for visualizing intricate anatomical details. Several identified integration topics were discussed for small group teaching case based learning through interactive sessions. **Future Perspective** Incorporate VLL modules into the forensic medicine curriculum for consistent use. Expand interactive demonstrations to student groups for deeper engagement. Explore collaborative sessions across institutions to maximize the impact of virtual tools in medical education.

Author Details: Dr. Sadia Abdul Qayyum, Liaquat National Medical College , Sadia.abdul@lnh.edu.pk



Report on Provincial Training Workshop on Medicolegal Documentation and Management of Dead Bodies

A provincial training workshop on "**Medicolegal Documentation, Procedures, and Management of Dead Bodies**" was held from 19–22 May 2026 at Khyber Medical College, Peshawar, under the chairmanship of **Prof. Dr. Hakeem Afridi**. The workshop was organized under the project of the International Committee of the Red Cross (ICRC) and brought together Medical Legal Officers (MLOs) from across Khyber Pakhtunkhwa.

The primary objective of the training was to strengthen medicolegal practices, standardize reporting procedures, and enhance humanitarian forensic response in the province. The extensive four-days program included detailed sessions on medicolegal documentation, report writing, legal implications of inaccurate reporting, evidence collection and preservation, chain of custody, and traumatology.

The academic sessions were principally conducted by **Professor Dr. Hakeem Afridi and Dr. Arshad Hussain**, who provided comprehensive training on proper medicolegal procedures and practical aspects of forensic case management. As part of the workshop, **Dr. Afrasiab Khan** delivered a specialized session on Forensic Odontology, highlighting its applications in human identification, dental age estimation, Disaster Victim Identification (DVI), Sexual assault and other medicolegal investigations. The session emphasized the importance of dental evidence in identifying unknown individuals and supporting forensic investigations.

The workshop served as an important platform for capacity building and interprofessional collaboration, contributing significantly toward strengthening forensic infrastructure and improving medicolegal services in Khyber Pakhtunkhwa. The efforts of the ICRC, organizing committee, faculty members, and participating officers are highly commendable in promoting excellence in forensic and medicolegal practice in the region.



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Inside the Drug & Poisoning Information Centre: A Forensic Perspective

Introduction: The Department of Forensic Medicine and Toxicology at Liaquat National Medical College organized and facilitated a clinical training visit for third-year medical students to the Drug and Poisoning Information Centre at Liaquat National Hospital and Medical Centre.

Objectives: To define and list the goals of the Drug Information Centre.

To differentiate between the functions of a Drug Information Centre and a Poison Centre and To familiarize students with common pediatric and adult antidotes used in toxicology practice.

Schedule: The visit commenced with a welcome address by Prof. Mukkaram Ali and Dr. Mahwish from the DPIC dept., followed by an overview of the center's functions. Students were introduced to databases and resources used for emergency consultations, explored the hospital's formulary, and discussed case scenarios involving poisoning from household chemicals, medications, and environmental toxins. The session concluded with an interactive discussion on antidotes and medico-legal responsibilities.

Outcome: Students gained practical insights into the evidence-based role of drug information centers in safe medication use, drug recalls, and emergency management. They learned to distinguish the specialized role of poison centers in handling toxic exposures. Exposure to antidotes such as activated charcoal, N-acetylcysteine, atropine, and naloxone reinforced their clinical knowledge.

Future Perspective: Future visits may incorporate simulated case-based exercises to enhance student engagement and decision-making skills. Broader collaboration with public health authorities could further highlight the preventive and surveillance role of such centers.

Forensic & Toxicology Importance: The visit emphasized the medico-legal significance of documentation in poisoning cases, the role of toxicology in public health safety, and the ethical responsibilities of healthcare professionals in managing drug-related emergencies. **Reported by: Dr. Sadia Abdul Qayyum**



The Living Science Subject: Forensic Medicine

You see a dead body, tell you: **"I am gone."**

But the same body speaks to a forensic specialist.

It speaks of time, of pain, of truth, of justice.

Forensic Medicine didn't grow in big lecture halls alone. It grew in the hands of wise and enthusiastic specialists who refused to look away. It grew with the medical student who

stayed 2 hours late in the mortuary, not out of fear, but out of curiosity: **"Sir, why is this bruise yellow and this one purple?"**

It grew with the young doctor in a small district hospital who performed her first autopsy at 2 am under a single tube light, knowing a family 200 km away was waiting for answers.

It grew with the teacher who said, **"Don't just write 'cause of death.' Ask how and why. The judicial system will ask you later."**

That is the beauty of Forensic Medicine. It sits at the crossroads of medicine and justice. A stethoscope in one hand, the law book in the other.

One wrong note and an innocent suffers. One careful observation and a silent victim finally gets a voice.

Globally, this subject has traveled far. From the courtrooms of London in the 1800s to crime labs in Lahore, Nairobi, and São Paulo today. But the engine has always been the same: curious teachers who do a deep dive.

The teacher who brings a skull to class and says, Feel this suture. This is where life and law meets. The professor who reopens a 10-year-old case file just to teach one line:

"Never assume. Verify with Science and Evidence."

The mentor who tells students, **You are not cutting a body. You are a bridge in providing justice and protecting the living.**

Because of them, Forensic Medicine is no longer just about post-mortems.

It's about domestic violence documentation. It's about identifying the unknown in mass disasters. It's about DNA, toxicology, age estimation, and giving dignity back to the dead. It flourished because learners were not satisfied with good enough. They asked questions. They challenged textbooks. They stood in court, nervous but honest, and said, **"This is what the science shows."**

So today, when justice is delayed but not denied — when a fingerprint, a fracture pattern, or a toxicology report changes the course of a case — remember who made that possible.

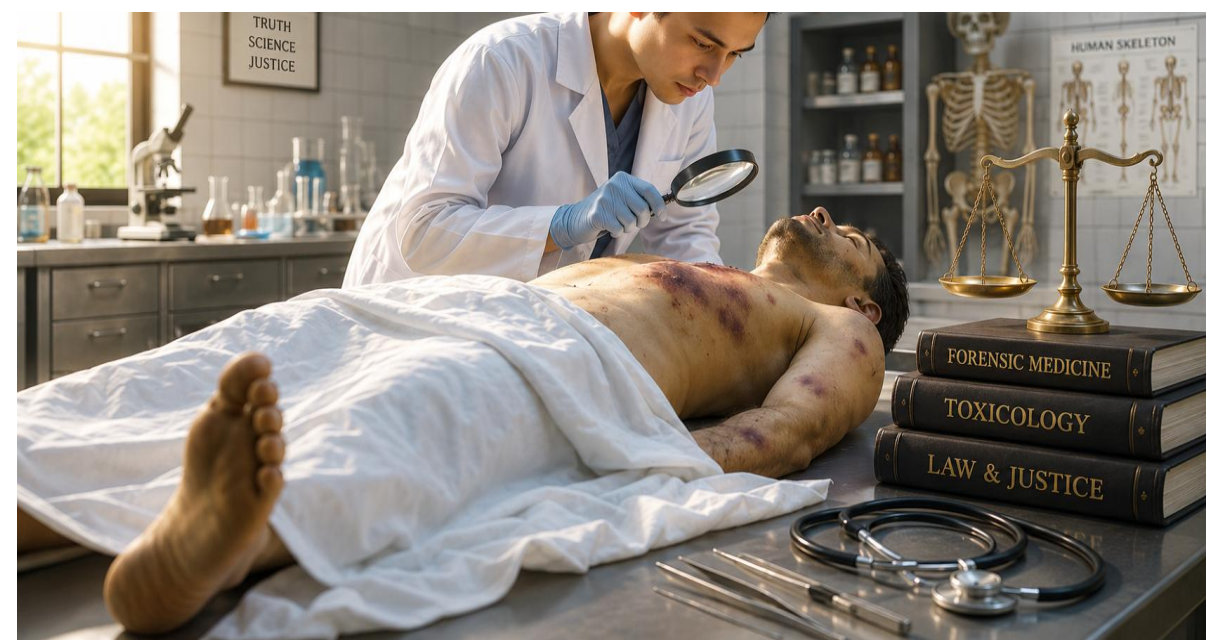
A subject, held gently and firmly, by curious minds and wise hands.

To every teacher who taught us to look closer, and to every student who chose this difficult, noble path:

Thank you. You are why Forensic Medicine continues to grow, and why truth still has a voice.

With respect and Salute to fraternity of The Forensic Medicine and Toxicology.

From: Dr Mahwish Zeb, Assistant Professor, Ayub Medical College Abbottabad



Strengthening Postgraduate Competence in Forensic Medicine: The Impact of Professor Dr. Arif Rasheed Malik's Crash Teaching Program

Under the distinguished academic leadership of Senior **Professor Dr. Arif Rasheed Malik**, a pioneering **Crash Teaching Program in Forensic Medicine for Postgraduate Trainees (CTP-FM-PGT)** was successfully executed. Conceived and directed as his visionary brainchild, this high-impact initiative delivered focused, structured mentorship to equip postgraduate trainees with essential knowledge, interpretive skills, and practical expertise required for examinations and real-world medicolegal practice.

The program engaged 35 committed postgraduate trainees and comprehensively addressed pivotal areas of forensic medicine, including rigorous standards of medicolegal documentation, precise injury assessment, courtroom advocacy duties, and effective management of challenging cases. Through an interactive, mentorship-centric approach,

Prof Dr. Arif Rasheed Malik leveraged his vast experience and authoritative insights to stimulate thoughtful dialogue, demystify complex concepts, and transmit invaluable lessons from decades of distinguished service in forensic medicine. Participants consistently praised the program's exceptional conceptual clarity, the authenticity and applicability of real-case illustrations, and the encouraging, intellectually stimulating environment it created..

Targeted interventions of this nature are indispensable for reinforcing postgraduate curricula and cultivating superior professional capability in forensic medicine. Such forward-thinking programs promise lasting influence on the field in Pakistan and regionally. By seamlessly integrating foundational theory with hands-on mastery, they prepare emerging forensic specialists to deliver justice with unwavering accuracy, ethical rigor, and scientific precision.

This initiative exemplifies Prof. Dr. Arif Rasheed Malik's

profound dedication to nurturing academic excellence and advancing the next generation of forensic medicine professionals.

Reported by: Dr. Syeda Hina Zehra



Forensic Psychiatry Workshop and Federal Chapter Meeting at the 6th Social Psychiatry Conference



Members of the Pakistan Society of Forensic Medicine and Toxicology (PSFMT) actively participated in the 6th Social Psychiatry Conference held at Pearl Continental, Rawalpindi, where forensic medicine featured prominently through academic workshops and professional engagement.

A key highlight of the conference was the workshop on "**Entrustable Professional Activities (EPAs) in Forensic Training**," jointly facilitated by **Prof. Dr. Tasneem Murad** (Professor of Forensic Medicine, Islamic International Medical College) and **Dr. Sadia Syed** (Assistant Professor of Forensic Medicine, Shifa College of Medicine, STMU). The workshop focused on translating the principles of competency-based medical education into workplace-based forensic training through the implementation of Entrustable Professional Activities (EPAs). Participants discussed practical strategies for integrating EPAs into forensic medicine curricula, highlighting their potential role in strengthening competency assessment and advancing outcome-based education in Pakistan.

The conference also hosted the General Body Meeting of the Federal Chapter of the PSFMT, providing an opportunity for members to discuss ongoing activities, future initiatives, and strategies for strengthening collaboration among forensic professionals across the country. The organizers of the forensic sessions, including Watim Medical and Dental College, **Prof. Dr. Abdul Rasheed Mian**, **Dr. Mashooque**, and **Dr. Fatima Hassan**, are acknowledged for their efforts in organizing these valuable academic activities and for facilitating sponsored

registrations that enabled wider participation. **Prof. Dr. Zahid Bashir** also graced the occasion with his esteemed presence, adding prestige and significance to the event. The conference served as an excellent platform for knowledge exchange, professional networking, and reinforcing the commitment of PSFMT members toward advancing forensic medicine education, forensic psychiatry, and competency-based training in Pakistan.



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International Webinar Series Launched by PSFMT Federal Chapter

The Federal Chapter of the Pakistan Society of Forensic Medicine and Toxicology (PSFMT), in collaboration with leading Departments of Forensic Medicine across Pakistan, successfully inaugurated its **International Webinar Series**. The landmark opening session was proudly hosted by the **Department of Forensic Medicine, Shifa College of Medicine**.

This premier academic initiative is dedicated to strengthening international collaboration, promoting academic excellence, and facilitating global knowledge exchange in forensic medicine and sciences. The event brought together distinguished experts, faculty, researchers, and students from Pakistan, Malaysia, India, Nigeria, and beyond.

Event Highlights & Leadership:

Welcome Address: Prof. Dr. Mohammad Amir (Principal, Shifa College of Medicine) opened the session.

Organizer & Moderator: Dr. Sadia Syed (Head of Forensic Medicine, Shifa College of Medicine & General Secretary, PSFMT Federal Chapter).

Keynote Remarks: Inspiring insights were shared by **Prof. Abdul Rasheed Mian** (Patron, Federal Chapter & Dean, Watim Medical & Dental College) and **Dr. Anwaar Ahmed** (President, Federal Chapter & Head of Forensic Medicine, Fazaia Medical College).

Scientific Sessions:

The inaugural webinar featured two high-impact presentations addressing contemporary medicolegal practices:

"Reporting Sudden and Unexplained Deaths"

Prof. Shafi Muhammad Nizamani – Professor of Forensic Pathology, MAHSA University, Malaysia.

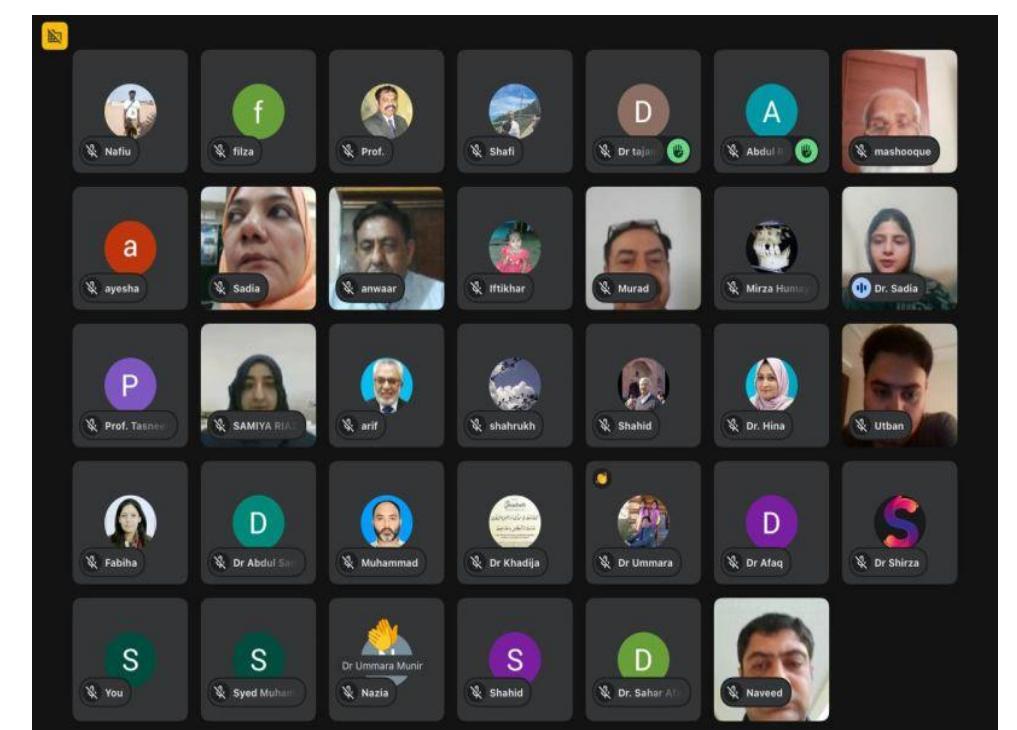
"Digital Era of Forensic Odontology"

Dr. Samiya Riaz – Assistant Professor & Forensic Odontologist, International Islamic University Malaysia.

A Collaborative Academic Coalition:

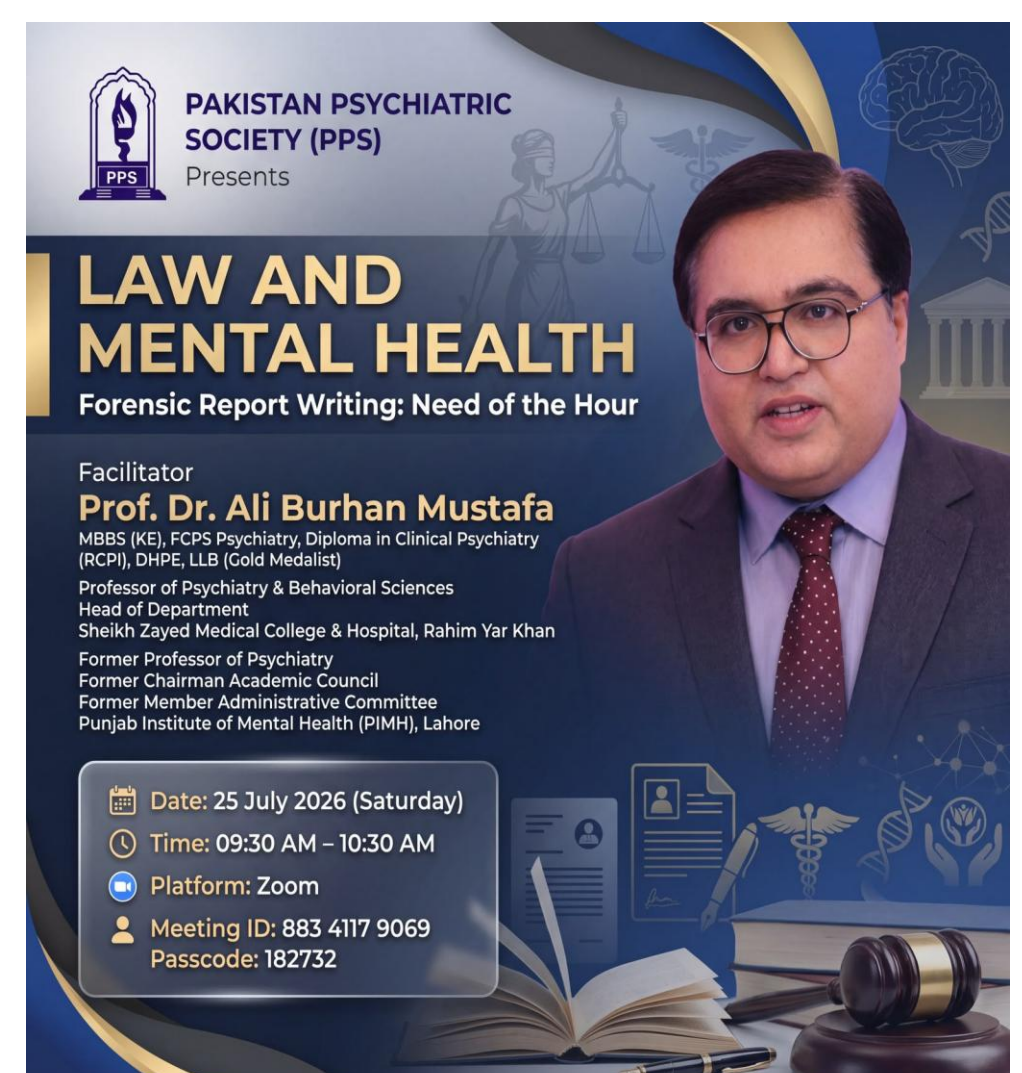
This series represents a powerful joint effort between the Departments of Forensic Medicine at: **Shifa College of Medicine, Watim Medical & Dental College, Islamic International Medical College, Fazaia Medical College, Rawalpindi Medical College**.

WHAT'S NEXT: The Federal Chapter is committed to sustaining this momentum of continuous professional development. The next webinar in the series will be hosted by **Watim Medical & Dental College on August 22, 2026** (InshaAllah). Together, we continue to advance the field of forensic medicine through global collaboration, education, and excellence.



FORENSIC REPORT WRITING SESSION

Was organized and facilitated by **Prof Dr Ali Burhan** on 25th July, 2026. The discussion covered forensic report writing, medico-legal investigations, legal perspectives, courtroom proceedings, and expert testimony in a practical and meaningful way. It was refreshing to see participants actively contributing, making the learning experience even richer. What made it truly special was the presence of Forensic Medicine Specialists, Forensic Psychiatrists, PFSA reporting authorities, and Legal Advisors. It felt less like a lecture and more like an engaging panel discussion where every perspective added value. The exchange of ideas highlighted how **multidisciplinary collaboration** strengthens the pursuit of justice.



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Booth of Forensic Odontology at the Career Fair and Pathways

Career Fair and Pathways Summit 2026

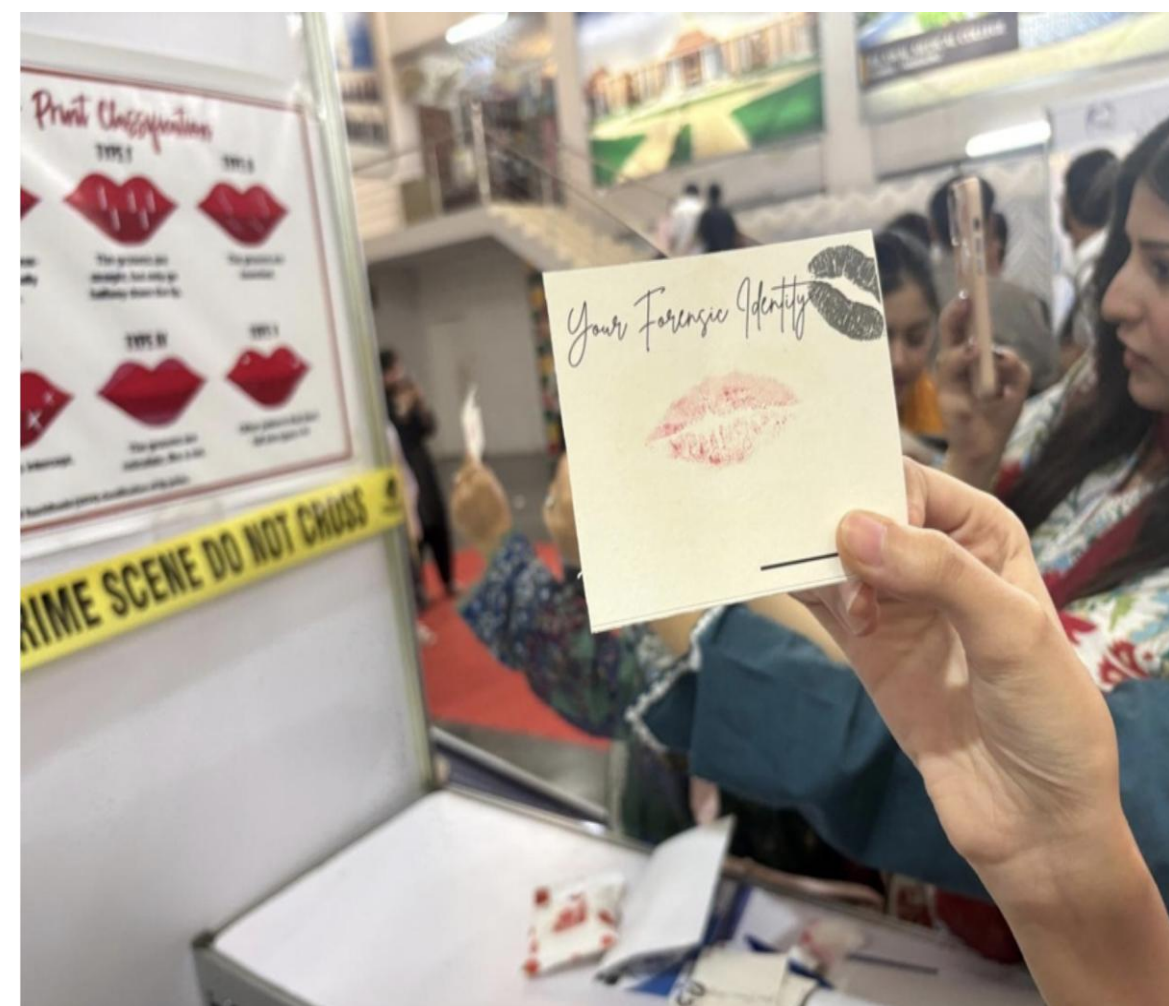
Introduction: A booth of Forensic Odontology was established during the Career Fair and Pathways Summit 2026, organized by the Institute of Dentistry, Liaquat University of Medical and Health Sciences (LUMHS), Jamshoro and the DentEd collective on 22nd April 2026. The event was attended by undergraduate dental students from various dental colleges, faculty members, university officials, including the Vice Chancellor and Dean, along with the Honourable Chief Guest, Commissioner Hyderabad. The Forensic Odontology booth aimed to introduce participants to the field of forensic dental sciences and its role in medico-legal investigations. An interactive lip-print analysis activity (**cheiloscopy**) was also arranged.

Objective: The primary objective of organising the booth was to create awareness regarding forensic odontology as an emerging field and its practical applications in forensic investigations. The booth also encouraged students to explore educational pathways and career opportunities in forensic odontology.

Schedule: The event commenced with the inauguration ceremony attended by the university administration and distinguished guests. The inauguration was followed by keynote speeches from invited speakers. Throughout the summit, the participants visited the forensic odontology booth, where guidance sessions were conducted.

Outcome: The booth successfully enhanced awareness about forensic odontology among students and healthcare professionals. Participants showed significant interest in forensic odontology, particularly in the cheiloscopy activity, which provided a practical understanding of lip print identification. The event promoted academic interaction, encouraged student participation, and highlighted the importance of forensic odontology in medico-legal investigations and disaster victim identification.

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A SMALL COVER. A DEEP TRAGEDY. A SHARED RESPONSIBILITY.

Manholes are not just openings in the ground, they are **openings to danger**.

STOLEN COVERS. STOLEN LIVES.

Every stolen cover puts a life at risk. Children fall. Families break. Communities suffer.

WHEN COVERS DISAPPEAR

Children are the most vulnerable victims. Many **lose their lives** after falling into open manholes.

It is not an accident. It is negligence. It is a **preventable crime**.

THE UNSUNG WORKERS

Sewer workers enter to clean what others take for granted.

Exposed to toxic gases, disease and death.

Most enter without proper PPE or safety equipment.

They go in so we can live safely. Let's ensure they come back safely.

WHAT HAPPENS BELOW

Toxic gases like H₂S, methane and ammonia.

Lack of oxygen can cause instant unconsciousness.

One worker faints, others die trying to save him.

HOW WE CAN PREVENT TRAGEDIES

Do not steal manhole covers.

Report open or damaged manholes immediately.

Increase public awareness and community vigilance.

Enforce strict laws against theft and negligence.

Protect a cover, protect a life.

SAFETY FOR SEWER WORKERS

Provide proper PPE.

Ensure ventilation and gas testing.

Use lifeline, harness and rescue gear.

Train workers. Follow safety protocols.

Provide health facilities and insurance.

THE FACILITIES THEY NEED

Quality PPE

Gas detectors and monitors

Blowers and ventilation

Decontamination and wash facilities

Health check-ups and medical support

A SAFE CITY STARTS WITH A COVER IN PLACE AND A WORKER WHO RETURNS HOME.

Respect the manhole. Respect the worker. Respect life.

BE RESPONSIBLE TODAY, SAVE A LIFE TOMORROW.



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Drug Addictions in Students and Academic Institutions

Date: 19 June 2026

Shifa Tameer-e-Millat University (STMU), in collaboration with Aga Khan University, organized a seminar on "**Drug Addictions in Students and Academic Institutions**" to address the growing challenge of substance abuse among students and promote awareness regarding its prevention, early identification, and management. The seminar was **chaired by Dr. Zafar Mirza**, Former Federal Minister of Health, Pakistan, with **Prof. Dr. Mohammad Iqbal Khan**, Vice Chancellor, STMU, serving as Co-Chair. Distinguished speakers included **Prof. Dr. Mohammad Wasay (Aga Khan University)**, **Sahibzada Wasim Haider (SAFE)**, **Prof. Dr. Abdul Wahab Yousufzai (STMU)**, and **Dr. Muhammad Arif Nadeem Saqib (National Skills University)**.

The speakers highlighted the neurological, psychological, social, and academic consequences of substance abuse, emphasizing evidence-based prevention, early detection, rehabilitation, student counseling, peer support, and the development of drug-free campuses through institutional policies and community engagement.

An interactive question-and-answer session focused on early warning signs of addiction, counseling services, rehabilitation pathways, and the role of educational institutions in supporting affected students. **Dr. Sadia Syed**, Chairperson, Anti-Drug & Anti-Tobacco Committee, STMU, highlighted the university's awareness initiatives, student-led activities, and peer support programs aimed at promoting healthy, drug-free campuses. The seminar concluded with a renewed commitment to collaborative efforts among academia, healthcare professionals, policymakers, families, and community organizations to foster safe, supportive, and substance-free educational environments.



FROM THE DESK OF THE EDITOR



We are delighted to present the **July 2026 edition of the PSFMT Newsletter**. We sincerely thank everyone who submitted articles, news, achievements, and updates that have enriched this edition. Forensic Medicine continues to evolve through the strength of its subspecialties, the spirit of scientific inquiry, and the power of collaboration. As a community, let us move beyond institutional boundaries, share knowledge, strengthen research partnerships, and mentor the next generation with generosity. Every discipline within forensic medicine and science enriches our collective mission of advancing truth and justice. Together, by embracing innovation, we can build a stronger, globally connected forensic fraternity that advances science, justice and humanity.

Warm regards,
Dr. Sadia Syed
Editor-in-Chief, SFMT-Pakistan Newsletter



PROTECT CHILDREN. RESPECT EVERY CHILD.

PREVENT CHILD ABUSE & SEXUAL ASSAULT IN OUR SOCIETY

Every child has the right to grow up in a safe, loving and respectful environment.
It is our collective responsibility to protect them.



HOW WE CAN PREVENT CHILD ABUSE & SEXUAL ASSAULT



1. EDUCATE & AWARE

- Educate children about body safety and good touch / bad touch.
- Teach them the right to say "NO".
- Raise awareness in homes, schools and communities.



2. OPEN COMMUNICATION

- Encourage children to talk about anything that makes them uncomfortable.
- Listen without judging and believe them.
- Create a safe space to share their feelings.



3. SAFE ENVIRONMENT

- Know your child's friends and online activities.
- Ensure safe homes, schools and public spaces.
- Avoid leaving children alone with unknown or untrustworthy people.



4. EMPOWER CHILDREN

- Build self-confidence and assertiveness.
- Encourage children to report any incident.
- Teach them emergency contact numbers and how to seek help.



5. STRONG LAWS & ACCOUNTABILITY

- Support and enforce laws against abuse and harassment.
- Ensure strict action against offenders.
- Zero tolerance in homes, schools and workplaces.



6. COMMUNITY RESPONSIBILITY

- Do not ignore or justify any form of abuse.
- Support survivors with empathy.
- Work together to create a culture of respect and safety.

WHAT TO DO IF AN INCIDENT HAPPENS - FOLLOW THE PROTOCOL



1. ENSURE SAFETY FIRST

Ensure the child is in a safe place, away from the abuser or any danger. Stay calm and reassure them.



2. LISTEN & BELIEVE

Listen to the child patiently and believe what they say. Do not blame or shame them.



3. DO NOT DELAY

Report the incident as soon as possible. Early action helps in protection and evidence collection.



4. REPORT TO THE AUTHORITIES

Inform the police (15), Child Protection Services or relevant authorities. It is your legal and moral responsibility.



5. SEEK MEDICAL ATTENTION

Take the child to a nearby hospital for medical examination. Medical care is important even if there are no visible injuries.



6. PRESERVE EVIDENCE

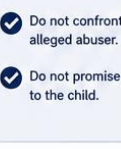
Do not bathe, change clothes or clean the area (if safe to do so). This helps in forensic evidence collection.



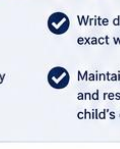
7. PROVIDE PSYCHOLOGICAL SUPPORT

Connect the child with a counselor or psychologist. Emotional support is essential for healing.

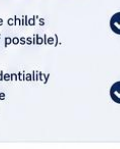
IMPORTANT POINTS TO REMEMBER



- Do not confront the alleged abuser.
- Do not promise secrecy to the child.



- Write down the child's exact words (if possible).
- Maintain confidentiality and respect the child's dignity.



- Follow legal procedures and cooperate with authorities.
- Support the child throughout the process.

REMEMBER

The child is never at fault. Our response can change their life. Your action today can protect their tomorrow.

WHAT WE CAN DO AS A SOCIETY



Promote values of respect, equality and kindness.



Challenge harmful attitudes and victim blaming.



Be alert and speak up if you see something wrong.



Support schools in implementing child protection policies.



Encourage survivors to speak up and seek help.



Stand together to build a safe and compassionate community.

A SAFE CHILDHOOD TODAY, A STRONGER SOCIETY TOMORROW.
Let's protect our children. Let's build a safer, kinder and more respectful society.



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